

Fall Protection Equipment Checklist

In addition to regular yearly inspections, OSHA mandates that all fall protection equipment undergo a thorough visual inspection before each use.

This checklist is meant as a guide to help ensure consistent and efficient inspection.

This checklist IS NOT a substitute for formal training on the proper use and inspection of fall protection equipment.

Type of Equipment	Manufacturer	Serial Number

HARNESSES

If you answer **"No"** to any of the following questions, the harness **MUST** be removed from service until it can be repaired or replaced.

STEP:	YES	NO
1) Are any and all D-Rings free of damage, rust, or corrosion?		
2) Is the webbing of the harness free of fraying or tearing?		
3) Is the webbing of the harness free of burns or chemical damage?		
4) Do impact indicator threads show no signs of tearing or damage?		
5) Is fabric around grommets free of fraying or deformation?		
6) Are buckles undamaged and in good working order?		

LANYARDS

If you answer **"No"** to any of the following questions, the lanyard **MUST** be removed from service until it can be repaired or replaced.

STEP:	YES	NO
1) Are snaphooks free of damage, rust, or corrosion?		
2) Do the snaphooks open smoothly and lock securely?		
3) <i>If inspecting a shock-absorbing lanyard, are shock indicator threads exposed?</i>		
4) Is the webbing of the lanyard free of fraying or tearing?		
5) Is the webbing of the lanyard free of burns or chemical damage?		

CARABINERS

If you answer **"No"** to any of the following questions, the carabiners **MUST** be removed from service until it can be repaired or replaced.

STEP:	YES	NO
1) Is the carabiner free of deformities, cracks, or damage?		
2) Is the carabiner free of rust or corrosion?		
3) Does the carabiner feature a self-locking mechanism?		
4) Is the self-locking mechanism in good working order?		

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SELF-RETRACTING LIFELINE

Note: Whether you are inspecting a Standard or 3-Way Self-Retracting Lifeline (SRL), the inspection process is the same. Wear protective gloves while inspecting the line.

If you answer **"No"** to any of the following questions, the SRL **MUST** be removed from service until it can be repaired or replaced.

STEP:	YES	NO
1) Is the housing of the SRL free of cracks, damage, or corrosion? Are all labels and fasteners securely in place?		
2) Is the snap hook free of damage, rust, or corrosion?		
3) Does the snap hook open smoothly and lock securely?		
4) Inspect the entire length of the line. Is it free of cuts, kinks, abrasions, wear, fraying, burns, corrosion, or other damage?		
5) Does the line extract smoothly from the housing?		
6) Are the thimble and ferrule at the end of the line securely affixed?		
7) Is the impact indicator in its normal position, with no signs of impact?		

For the next steps, pull two feet of line out of the SRL. **Holding the unit above the impact indicator, give the line a sharp, quick pull.**

STEP:	YES	NO
1) Does unit lock and remain locked?		
2) Does the braking mechanism not slip?		
3) Does the unit return to its retractable state when the tension on the line is eased?		

Inspected By	Date	Supervisor Name

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